



Ashley Kahen

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kahenorthodontics.com



PHILOSOPHY OF CARE

As a LA native, I am dedicated to delivering thoughtful care that balances facial esthetics, functional occlusion, and airway health to the community I am proud to call home. I look forward to building meaningful relationships with patients and fellow providers while bringing fresh energy, an eagerness to learn, and clinical excellence to your practice.

EDUCATION

Montefiore Medical Center Albert Einstein College of Medicine <i>Certificate of Orthodontics</i>	07/23 – 07/26
Columbia University College of Dental Medicine <i>Doctor of Dental Surgery</i>	08/19 – 05/23
San Diego State University <i>Bachelor of Arts, Sociology Summa Cum Laude</i>	08/13 – 05/17

CLINICAL SKILLS

Treated 160+ comprehensive and interceptive starts and transfer cases.

- Adept in diverse treatment modalities, including Invisalign, Invisalign First, Invisalign palatal expansion (IPE), MBT, Lightforce, 3M indirect bonding, self-ligating systems including Pitts.
- Experienced in utilizing HERBST, Carriere, T-Rex, RPE, bite plate, Dynaflex class II/III corrector, Forsus, Isoglide, and TAD supported mechanics.
- Comfortable performing soft and hard tissue procedures including laser gingivectomies, exposures, and contouring.

Experienced in airway-focused orthodontic assessment and treatment planning.

- Skilled in utilizing MAD, MARPE, RPE to improve patient outcomes.
- Partnered with the adult and pediatric sleep team to provide care for patients with sleep apnea.

Enjoyed collaborating with multidisciplinary teams to provide comprehensive, individualized care.

- Completed cases requiring orthognathic surgery, exposures of impacted teeth, and plastic surgery.
- Participated in craniofacial rotations at Mount Sinai and Montefiore Children's Hospital.
- Coordinated treatment with prosthodontists and periodontists for a diverse caseload.

Proficient in incorporating a digital workflow for treatment planning and patient education.

- Dolphin Practice Management, CBCT, digital indirect bonding workflows, Invisalign SmileArchitect, DentalMonitoring, Align Virtual Care.

WORK EXPERIENCE

Orthodontic Assistant <i>Orthodontic Center LA</i> Richard L. Jacobson, DMD MS	06/17 – 07/19
• Supported high-volume practice while helping create an efficient and positive patient experience.	
Surgical Assistant <i>SCLA, FCLA</i> David Dorfman DDS MD and Phil Amoils, MD FACS	08/17 – 07/19
• Assisted in ENT and oral surgery procedures and supported patients throughout recovery.	
• Selected to lead the team in recertifying our AAAHC surgical center.	

RESEARCH AND PUBLICATIONS

Investigator <i>Albert Einstein College of Medicine/Montefiore Medical Center</i>	06/25 – 6/26
• Surveyed residents on their perceptions of the growing use of AI in the orthodontic field.	

- First Author | *Columbia University Irving Medical Center (CUIMC)* 06/20 – 05/21
- Conducted research investigating neurodevelopmental phenotypes among pediatric patients as an NIH NRSA fellow. Presented at Birnberg Research Day and the Greater New York Dental Meeting.
- Research Assistant | *UCLA School of Dentistry, Department of Oral Pathology* 06/18 – 05/20
- Analyzed the correlation between oral health and overall patient wellbeing under Dr. Fariba Younai.

LEADERSHIP

- Admissions Committee | *Montefiore Medical Center* 10/24 – 10/25
- Interviewed potential residents for Montefiore Orthodontics Class of 2028, 2029.
- Chief Clinical Supply Officer | *Montefiore Medical Center* 08/23 – 08/24
- Selected by the program director to facilitate inventory for the orthodontic clinic. Through this role, I curated lasting relationships with representatives from companies including 3M, Allure, and AO.
- Vice President | *Michael Yuan Orthodontics Society* 06/21 – 06/22
- Planned events and published a society newsletter.
- Advocacy Chair | *William Jarvie Research Society* 06/20 – 06/22
- Directed Columbia University's participation in AADOCR Advocacy Day 2022 and negotiated with congressional staff on Capitol Hill in requesting 50 billion dollars for dental and craniofacial research.
- Teaching Assistant | *Preclinical Orthodontics* 10/21 – 01/22
- Supported preclinical students during orthodontic laboratory assignments.
- Teaching Assistant | *Oral Histology of Growth and Development* 08/21 – 12/21
- Led discussion during weekly oral histology laboratory sessions.
- Vice President | *Columbia-Harlem Homeless Medical Partnership Dental Free Clinic* 06/20 – 06/21
- Created a patient referral directory and triaged patients in need of dental care.

COMMUNITY SERVICE

- Presenter | *AAPD: Little Rays of Sunshine/ ADEA* 09/21 – 5/23
- Taught oral health principles to local elementary students through presentations and games.
- Student Dental Clinician | *Columbia-Harlem Homeless Medical Partnership (CHHMP)* 06/20 – 5/23
- Examined patients via telehealth during peak pandemic and now perform palliative procedures.
- Dental Assistant | *Thousand Smiles Foundation* 11/17
- Assisted dental professionals in providing dental care for pediatric patients in Ensenada, Mexico.
- English Teacher and Green Building Volunteer | *Long Way Home* (Comalapa, Guatemala) 04/17
- Taught English and helped construct an elementary school out of recycled materials.

CREDENTIALS, HONORS, INTERESTS

- Languages: intermediate proficiency of Spanish and Farsi.
- Certificates and Licenses: California Dental License, Invisalign Aligner Intensive Fellowship, ABO Part I (registered for Part 2).
- Awards:
 - Leopold Schepp Foundation Scholarship 08/21 – 05/23
 - JVS Scholarship 08/21 – 05/23
 - CTOR Research Award 11/20
 - NIH National Research Service Award (T35 Training Grant) 06/20
 - FCLA Certificate of Achievement 07/18
- Interests: Interior design, hiking along the California coastline, painting/ceramics, and exploring new cities and cultures through food.